



It's not long now before you will be sitting on a surfboard in the sparkling waters of the Indian Ocean, enjoying the unforgettable experience of Surf camp Lombok's relaxed and fun-friendly atmosphere...

How to get there:

Air transport

Direct International flights are available from Europe to Lombok on Singapore Airlines. The new Lombok International Airport opened in November 2011 so more airlines will follow, we just don't know when. Other airlines fly via Bali, Kuala Lumpur and Jakarta.

There are several flights a day from Bali to Lombok these are a few of them: Merpati, Garuda Indonesia, Indonesian Air Transport and Trans Nusa, the flight is only 30 minutes and costs around 300,000Rp (Indonesian rupiah) – approx 25 €. If you bring a surfboard it will cost you extra. The airlines charge for the extra weight but the cost is quite modest; one surfboard costs around 45 000-60 000Rp. When you arrive in the airport in Mataram you can take a taxi direct to Surf camp Lombok in Gerupuk, just 15 minutes east of Kuta Lombok. It will take around 30 minutes to get there and cost roughly 120 000rp (10€). **Since we have set arrival dates a good idea is to get in contact with other guests through our forum on the website. This way you can plan your trip together and share a taxi.**

During the peak season of the year, it may be advisable to book your ticket a few days before you're planning to go, to make sure of getting on a flight.

Ferry

There is also the option of travelling by ferry, which leaves from Padang Bay in Bali once an hour. The recommended way is to arrange a package deal from a travel agent in Kuta (Bali). This will include a bus from Kuta to Padang Bay, the ferry crossing to Lembar in Lombok, and a further bus to Kuta Lombok.

The cost of a standard package from Kuta Bali to Kuta Lombok is 200,000Rp (15€) and the journey will normally take about 10 hours.

Directions from Kuta Lombok to Gerupuk

When you arrive in Kuta Lombok, tell the driver to go east past the Novotel and about 15 minutes later you will arrive in the fishing village of Gerupuk. Proceed through the village for another kilometer until you reach Surf camp Lombok, nestled between the hills, down by the ocean. If the driver is uncertain, ask someone on the street, they all know about the surf camp and can point you in the right direction.

Arrival at the Camp

Transportation to Surf camp Lombok is your own personal responsibility.

For us to easily coordinate your arrival and introduction on the first night, we ask you to send an email to bookings@surfcampindo.com when you know what time you will be arriving at the camp.

The course starts with an informal welcome & introduction at **18:00**, so we ask you to arrive between **14:00 – 18:00** on that day. We also would like to nicely point out that arrival before the set time may cause inconvenience as we might still be making preparations for your welcome to the camp.

On the second day, the beginner & intermediate courses will start with instructions on all safety precaution methods we have in place, together with details of the basic surfing techniques and water exercises we teach. We will not take you out to the surf before these first demonstrations have been completed.

General information

Visas: Please check with your closest Indonesian Embassy.

- **Sweden :** www.indonesiskaambassaden.se
- **United Kingdom / Ireland :** www.indonesianembassy.org.uk
- **Australia :** www.indonsyd.org.au or www.kbri.-canberra.org.au
- **U.S.A. :** www.embassyofindonesia.org

Money: *Please note:* There is a newly built ATM in Kuta Lombok but there you will only be able to take out smaller amounts. If you want to be certain to get out larger amounts we suggest you to bring cash from Bali or from the airport. The local currency is Indonesian Rupiahs (150,000Rp = 12€).

Medicine and vaccinations: It is recommended that vaccinations against Hepatitis A, Typhoid and Tetanus be obtained prior to travelling. Although malaria is very rare, we also advise you to ask a doctor for advice before you travel.

Consider that you're traveling to a quite remote part of Indonesia and a warm climate where minor cuts and mosquito bites can get infected. **We recommend you bring a basic form of first aid kit containing: Q-tips (cotton buds), disinfectant (Betadine, Povodine, Klorhexidin etc) and waterproof plasters.** We do have a medical room at the camp but since medical supplies are hard to get we appreciate if you bring your own as well.

If you have any allergies, please inform when you book so that we can give notice to our chef.

Other things to bring:

You will need to bring all **personal toiletries with you e.g. towel, shampoo, sunscreen etc.** When it comes to sunscreen, bring a good one suitable for spending lots of time in the water. We provide sheet, pillow, pillowcase and mosquito net, every bed also has it's own fan. **A sarong** to cover up with in case it gets chilly during the night. It is also wise to bring a **headlight**; we do get power cuts and it's good to have a light source if you need to get around after dark.

We recommend that both male and females bring a pair of surf shorts to wear for surfing (no surfing in speedos or bikinis, consider that we live and operate in a Muslim community), a rash west and reef boots will be lend to you.

Internet: We don't have Internet access in the camp, it is however possible to go online in Novotel in Kuta. It is about 15 minutes by car/motorbike to get there. There are also a number of Internet cafés popping up in central Kuta.

Telephone: SIM-cards and refill minutes (pulsa as it is called in Indonesia) is cheap and easy to get in Indonesia, you can buy this almost everywhere. The most common operators are simPATI and XL. Having said that, the cell phone service out on the Surf camp is not excellent. Sending and receiving text messages works pretty good though.

USB memory stick: Bring a memory stick to get your surf photos.

Excursions on Lombok:

We do one or two excursions during a two-week camp but if you wish to see more of Lombok there are a number of interesting places to go. Read more about this on the Lombok network: www.lombok-network.com

Bali-info

We are creating a Bali info page for our website in order to give you pointers to good spots, hotels, restaurants, surf shops etc. In the mean time, if you have any questions please contact Jenny on our booking address: bookings@surfcampindo.com

What else can we offer but surfing?

The camp has a relaxed and informal atmosphere, and when we're not surfing, beginners and experts alike, all congregate in the communal areas to share their experiences and stories of the day. Part from that we have a big collection of movies and games, but for private relaxation; however, a good book is recommended. We try to have a yoga instructor at the camp and a session is usually offered once a day. It is also possible to get massages from our local masseuses; they charge 100 000Rp for 1 hour.

Our climbing wall: We have a 4x4m bouldering wall and a very modest selection of climbing shoes; if you want to get the most out of it, bring your own gear.

Our skate bowl: Since July 2010 we have a brand new skate bowl with an amazing ocean view! Bring your own skateboard or borrow from us. If you have second hand skateboard gear and feel like making a good deed, donate this to the camp so we can teach the kids of Gerupuk how to rip the bowl!

Lots of our visitors have little or no previous surfing experience, but many are already returning to us to further improve their surfing techniques through our ***Progression Sessions. Read more about Progression sessions in the separate pdf.***

Special requests for our Swedish guests:

Our staff is sometimes missing some things from Sweden, if you can bring one or two of the items written below it's much appreciated. Of course we will reimburse you for the costs.

- *Lingonsylt
- * Daim, Vingummi & Saltlakrits
- * Snus
- * Kaviar
- * Kavli mjukost
- *Knäckebröd
- * Thé I lösvikt

**So, come join us for the surf adventure of a lifetime!
Selamat Datang!**

Surf camp Lombok